

# United States Naval Academy



**Annapolis, Maryland**

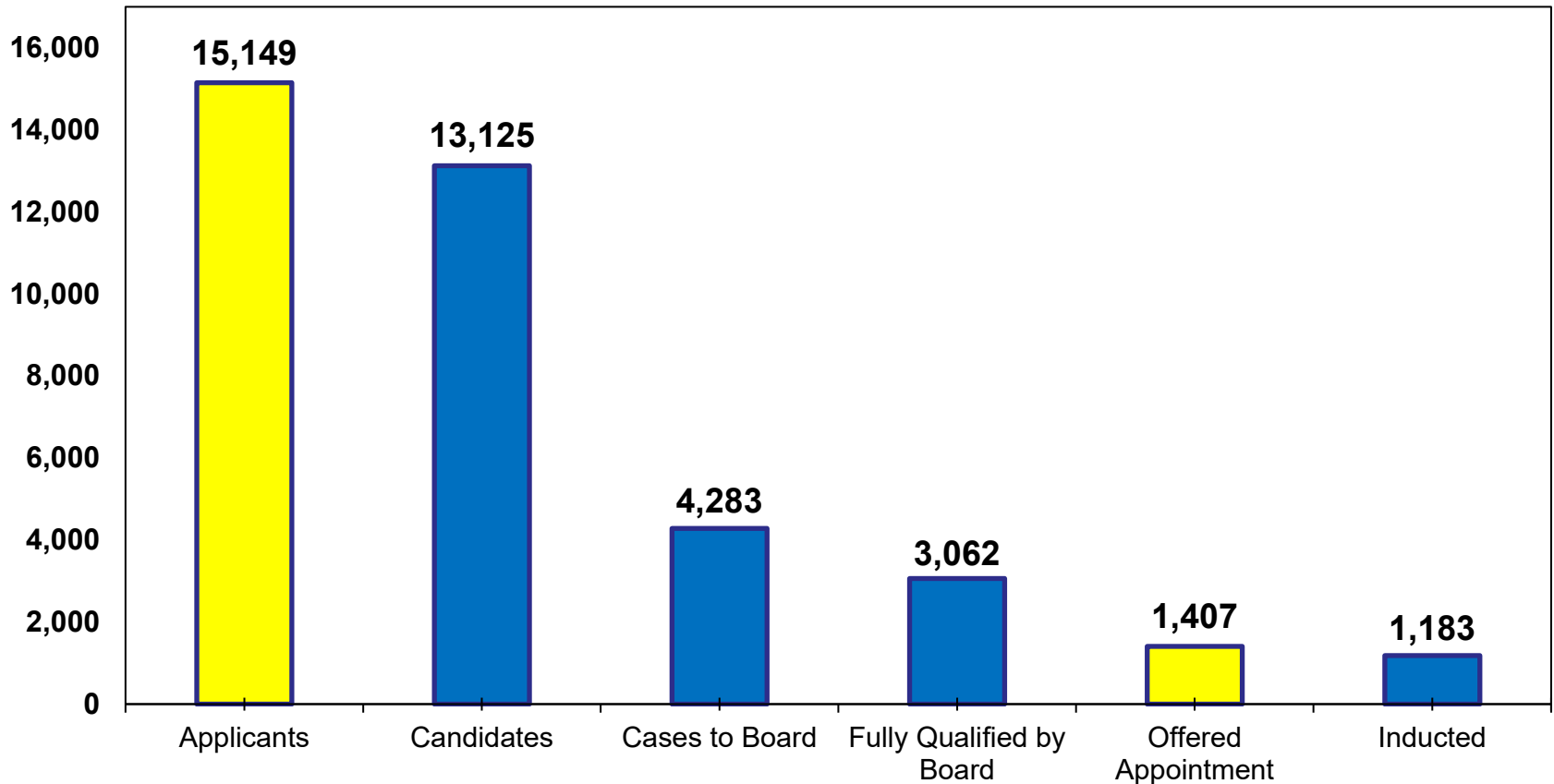




# Admissions Highlights

## *USNA Class of 2029 Admissions Stats*

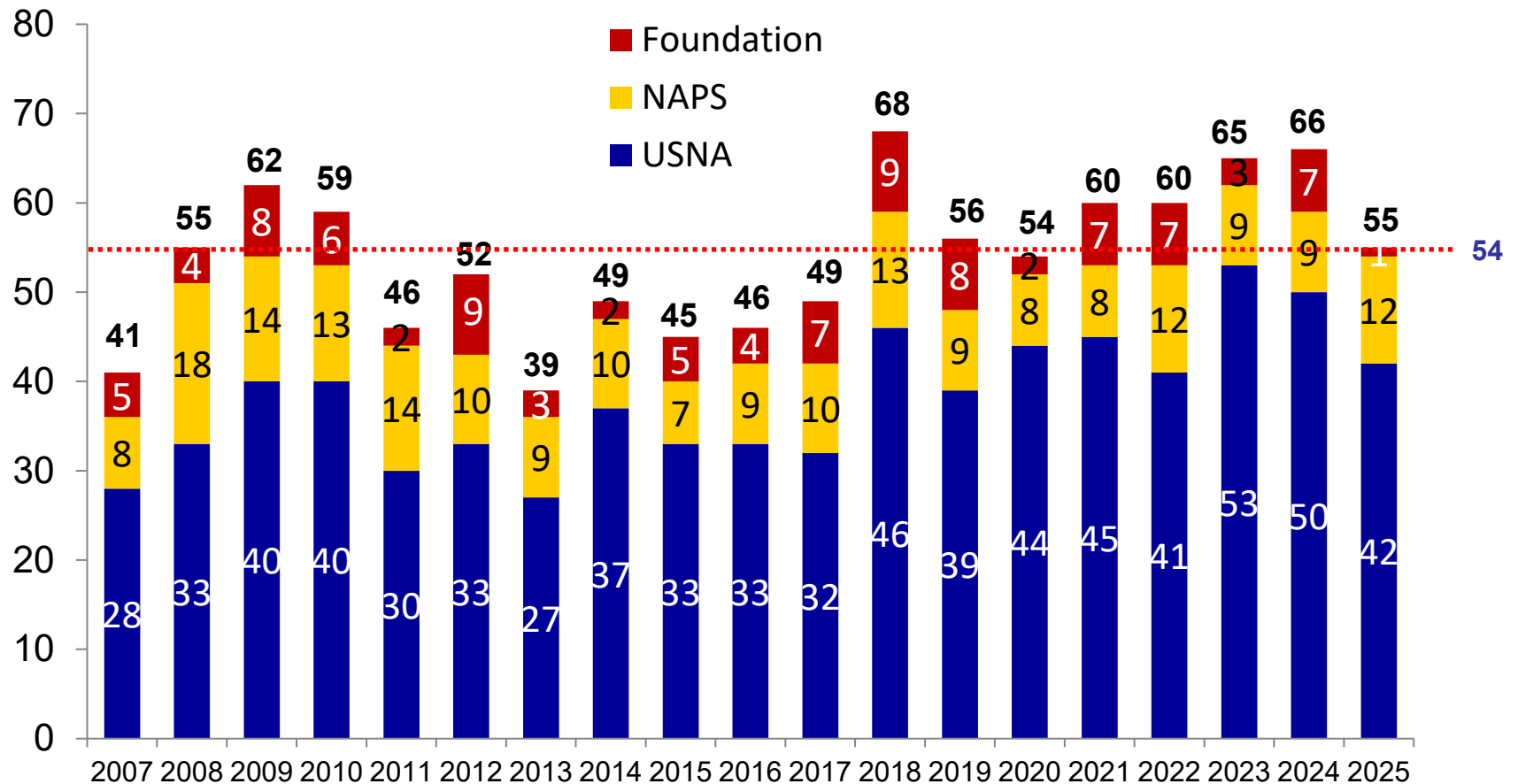
USNA had an 9.3% Acceptance Rate



# Eastern Maryland Admission Stats

## Eastern Maryland Offers – USNA, NAPS & Foundation

Eastern Maryland averages 54 total offers per year





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# THIS IS WHERE YOU BELONG

Applications for the Class of 2030 are open now

**APPLY NOW**



## STEPS FOR ADMISSION

You can begin the application process as early as your Junior year in high school and we encourage the earlier the better! These steps will provide all the information you need to know about our application requirements and our admissions process.

### 1. Confirm Eligibility

2. Preliminary Application

3. Apply for Nomination

4. College Entrance Exams

5. Transcript

6. Medical Examination

7. Candidate Fitness Assessment

8. Interview

9. Admission Selection Process &  
Deadlines

### Eligibility

You are eligible to apply for the United States Naval Academy if you meet the following criteria:

- A United States Citizen by 1 July of the year of entry
- At least 17 years of age and must not have passed 23rd birthday on 1 July of the year of entry
- Unmarried
- Not pregnant and no dependents
- Have a valid Social Security Number (If you do not have a Social Security number you can apply for a card here <https://www.ssa.gov>)

If you are in high school but are not old enough to apply, you can register with USNA to receive information about our [Summer Programs](#).

# Application Components

1. High School Transcript
2. Personal Statement
3. Official SAT / ACT scores (SAT: 5809, ACT: 1742)
4. English Teacher Recommendation
5. Math Teacher Recommendation
6. CFA Fitness Test
7. Extracurricular Activities Confirmation
8. Academic Information Confirmation
9. BGO Interview
10. Medical Exam (email is triggered once 4-5 items are completed)
11. Nomination

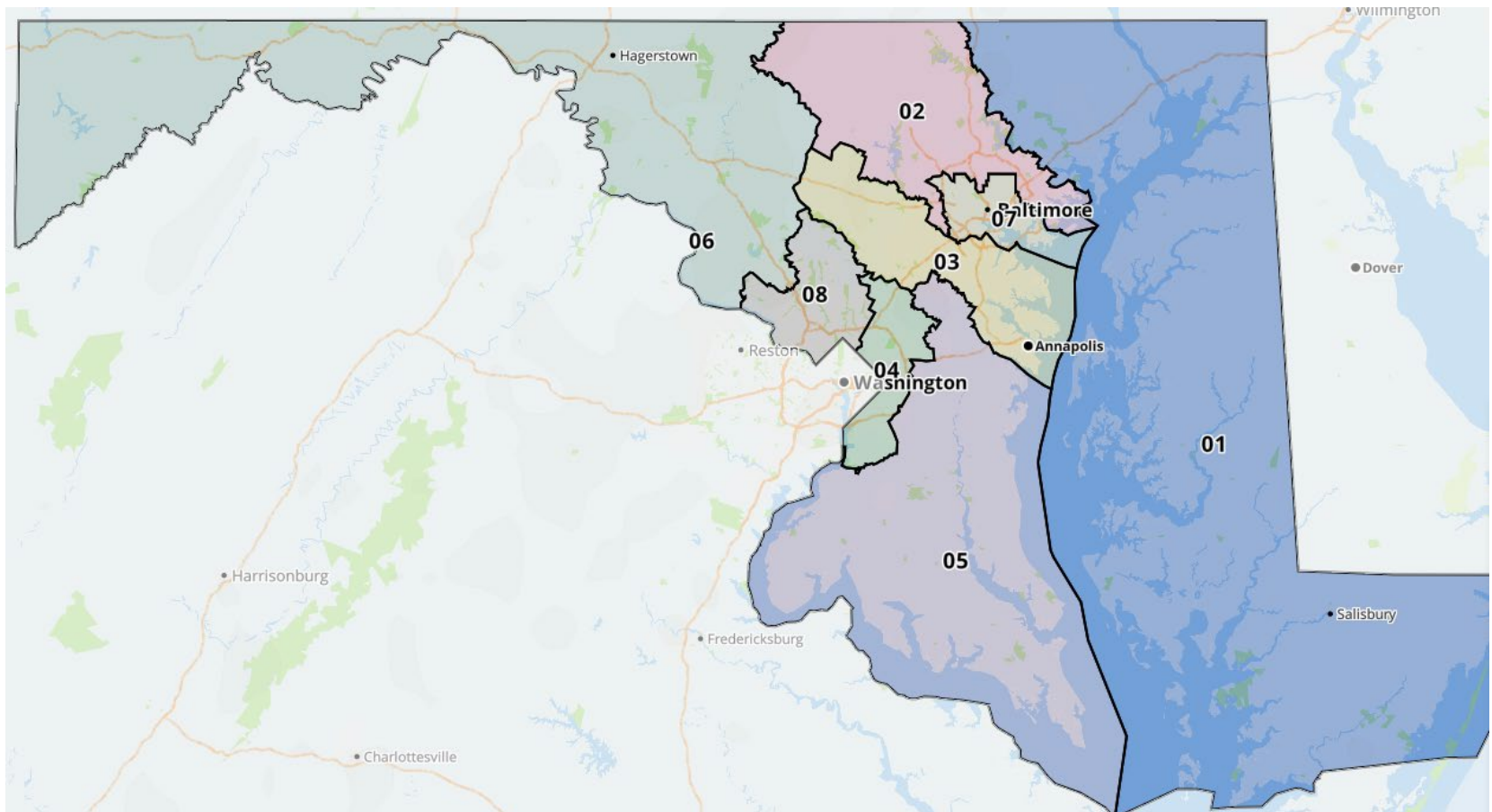
***Once the first nine items are completed, your record will be scheduled to go before the Admissions Board.***

# Congressional Nomination Sources

1. Each Senator and Congressman has five (5) vacancies at USNA and may nominate up to fifteen (15) individuals per open vacancy
2. Maryland Congressional Representatives and nomination deadlines
  - US Senate:
    - **Chris Van Hollen: 9/30/2025 deadline with interviews on 11/15/25**
    - **Angela Alsobrooks: 10/1/2025 deadline with interviews on 11/17-18**
  - US Congress:
    - District 1: Andy Harris
    - District 2: Johnny Olszewski
    - **District 3: Sarah Elfreth: 10/3/2025**
    - District 4: Glenn Ivey
    - District 5: Steny Hoyer
    - District 6: April Delaney
    - District 7: Kweisi Mfume
    - District 8: Jamie Raskin
3. Each senator and congressman has their own application.
  - Available on their individual web sites under constituent services and service academy nominations

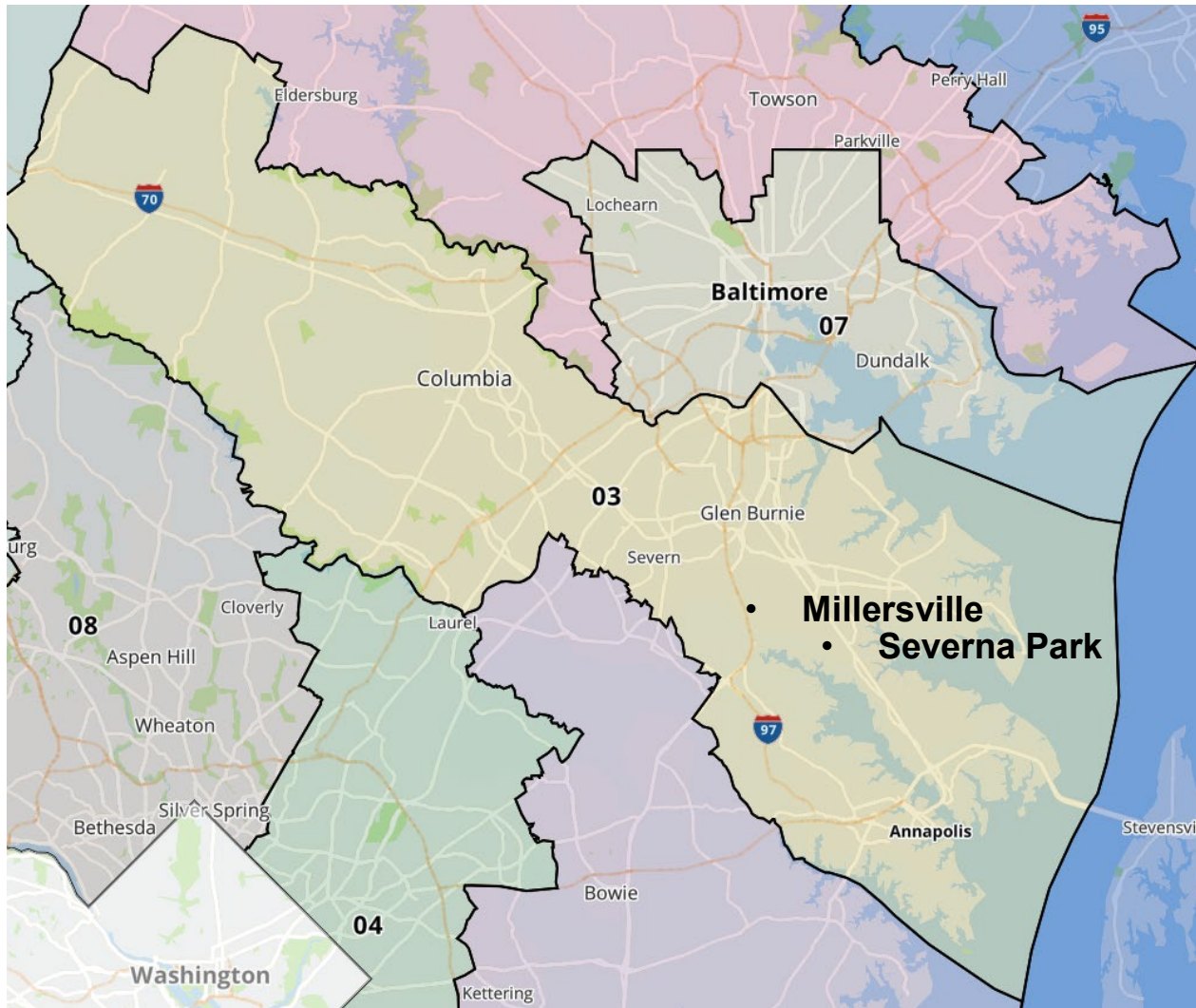
***Nomination application deadlines occur early in the fall of senior year followed up by an in-person interview in late November and early December.***

# Maryland Congressional Districts



***Most SPHS applicants live within Congressional District 3.***

# Maryland Congressional District 3



***Most SPHS applicants live within Congressional District 3.***

# Other Nomination Sources

## 1. **Presidential Nomination: 1/31/26 Deadline**

- On active duty, or retired from active duty with pay
- On reserve duty with at least eight years service (2,880 points), or be eligible or drawing retired pay

## 2. **Vice Presidential Nomination: 1/31/26 Deadline**

- Dean decides who receives these nominations
- **24 students from Eastern Maryland have received VP nominations over the last ten years**
- Typically go to students with LOAs who were unable to earn a nomination from another source
- Make sure you apply!

## 3. **NROTC/NJROTC Nominations: 1/31/26 Deadline**

- NROTC CO can nominate 3 candidates per year
- MCJROTC/NJROTC instructor can nominate 3 candidates per year
- Designated Honor NJROTC schools can nominate 3 additional candidates per year
- Designated Army/Air Force Honor JROTC schools can nominate 3 candidates per year

## 4. **Secretary of the Navy Nomination**

- Typically used for Naval Academy Prep School (NAPS) students

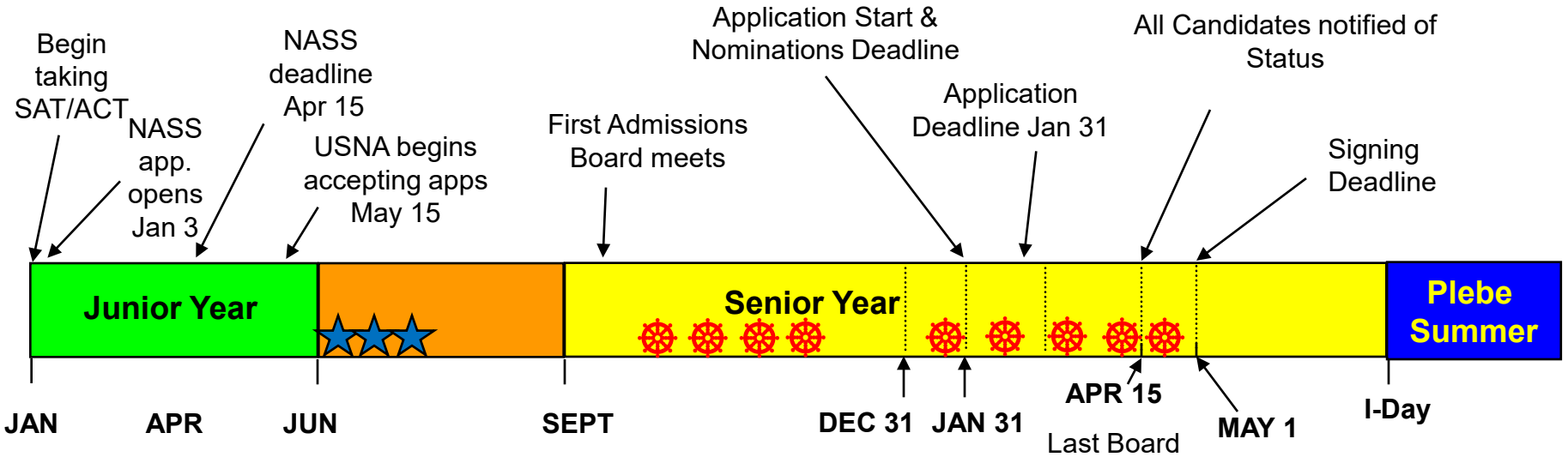
## 5. **Other Service Oriented Nominations**

- Children of 100% disabled veterans
- Children of veterans killed in action/died of wounds
- Children of Medal of Honor recipients, POWs or MIA



# Review of Admissions Process

## The Candidate Cycle for 2025-26



### ★ Summer Seminar Sessions (2025)

- 1: May 31 – June 5
  - 2: June 7-12
  - 3: June 14-19
- Can apply online between 1/3/25 – 4/15/25
- Approximately 2,550 selectees
  - About 125 from Maryland

### ⊗ Candidate Visit Weekends (2025-26)

- Sept 4-6
- Sept 18-20
- Oct 23-25
- Nov 13-15
- Four in the Spring '26
- By invite only
- Express interest at:
  - <https://docs.google.com/forms/d/e/1FAIpQLSe4y5ftjPFVv6zHSv4ad8jyEsQTnqk6jhbBleWJ3vU3kWMIGw/viewform?pli=1>

# Advice for Maryland Candidates

1. Familiarize yourself with USNA and its admissions process: [www.usna.edu/Admissions/](http://www.usna.edu/Admissions/)
2. Introduce yourself to your Blue & Gold Officer (BGO)
  - Schedule the BGO interview
  - Provide BGO with a resume and your transcript
  - Use your BGO as a resource for all questions and admissions guidance
  - Focus on how to differentiate yourself from other candidates
  - Get list of sample questions from me
3. Complete the application early! (I recommend September timeframe)
  - The Admissions Board started meeting in early September (every Thursday)
  - Put yourself in position for a Letter of Assurance (LOA)
4. Work on your nomination applications in parallel with the USNA application
  - Apply for all nomination sources for which you are eligible
5. Maximize SAT/ACT scores (725+ Math and 700+ Verbal is very competitive in Maryland)
  - Prep courses (Kaplan, Kahn Academy, Princeton Review, Revolution Prep, school, CDs)
  - Try the ACT (most students perform significantly better on one test over the other)
  - Take exam multiple times (last SAT is **December 6, 2025** / last ACT is **December 13, 2025**)
  - Aim to have competitive scores by September of your senior year
6. Ask your English and Math teachers now to write your LOR and submit during the summer.

# ACT to SAT Conversion Chart

English		
ACT	SAT	%
36	800	99
35	770	99
33	740	98
32	710	96
31	680	93
29	650	90
27	620	84
25	590	78
24	560	71
22	530	61
20	500	51
19	470	41
16	440	31
14	410	21
13	380	14
11	350	9
9	320	5
8	290	3
8	260	2

Math		
ACT	SAT	%
36	800	99
33	770	98
31	740	96
30	710	94
28	680	90
26	650	85
25	620	80
24	590	72
22	560	64
21	530	55
19	500	45
17	470	35
16	440	26
15	410	18
15	380	11
14	350	7
14	320	4
13	290	2
12	260	1

# Advice for Maryland Candidates

7. Have a third party review your essays (i.e., college consultant, English teacher/professor, etc.)
  - Describe what led to your initial interest in the naval service and how the Naval Academy will help you achieve your long-range goals; and
  - Describe a personal experience you have had which you feel has contributed to your own character development and integrity
  - **300 to 500 words to answer both essays**
8. Identify one or two other people who can submit a LOR (i.e., senior officer, government official, coach, employer, etc.)
9. Practice the CFA fitness test.
  - Practice the test multiple times
  - You can re-take the test to improve your score
  - Work on running over the summer. Aim for 3 miles at a 6:30 pace or better.
  - Also work on pull-ups, push-ups, crunches, basketball throw, and 40-yard shuttle run
  - I am happy to administer the test (Kinder Park)
10. Attend USNA Admissions briefing
  - 10:00 a.m. and 2:00 p.m. (Monday – Saturday)
  - Pre-recorded admissions briefing is available online

# Advice for Maryland Candidates

11. Start prepping for your nomination interviews
  - Ask me for my **Nomination Interview Guide** with sample questions
  - Develop responses to the sample questions
  - Practice with someone
  - Record yourself / Listen to yourself
  - Practice with a focus on confidence, knowledge, brevity, and passion
  
12. Have a back-up plan
  - Navy or Marine ROTC scholarships
  - Other service academies
  
12. If you have any software problems with the application, reach out to the Regional Director:
  - **Ms. Shannon Coleman**
    - Email: [Region0@usna.edu](mailto:Region0@usna.edu)
    - Phone: (410) 293-1809
  
13. Attend a Candidate Visit Weekend (CVW) (for juniors & seniors – ask me for an invite)
  - Thursday to Saturday event
  - Shadow a plebe for two days
  - Live in the Bancroft Hall
  - See the Brigade in action



# Questions

LCDR Barry Davis

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for Severna Park High School

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